

Manual Handling Policy

Manual Handling means an activity requiring the use of force exerted by a person to lift, lower, push, pull, carry or otherwise move, hold or restrain any person, object or thing.

In terms of tasks in the rail industry, this translates to a whole range of activities including repetitive movements, pushing, lifting, carrying, and so on. Pure Rail recognises that the most common problem with manual handling concerns the lifting and pushing heavy items.

Pure Rail is responsible for any injury or illness suffered by its employees in the workplace, although contributory negligence places an obligation on the employee as well. This policy aims to prevent the occurrence of injury and reduce the severity of injuries resulting from manual handling.

This will be achieved by:

Risk Identification

All Pure Rail employees are charged with continual risk identification for manual handling tasks. Specifically these should be highlighted in the pre-work brief. Risk identification is reportable through the Pure Rail form PRF-004 (Incident report).

Design

As far is reasonably practical, Pure Rail will assist its employees with redesign of any tasks deemed to be of an unacceptable level of risk to its employees.

Risk Assessment

Pure Rail will ensure that all manual handling that is identified as likely to be a risk to health and safety is examined and assessed. This risk assessment will be done in consultation with the employees who are required to carry out the manual handling and their representatives.

Risk Control

Pure Rail will ensure that as far as is reasonably practical, all risks associated with manual handling are controlled.

Through Consultation with employees Pure Rail intends to ensure that the workplace and its environment are designed so as to eliminate or reduce injuries from manual handling, as far as is reasonably practical.

Authorised by:

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Pure Rail Pty Ltd