

26/03/2020

Our Ref: JH-SUB-COVID-19

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Attention: Subcontractors (Subcontractors Representative)

RE: COVID-19 Planning and Response

To Whom It May Concerns

John Holland is undertaking and implementing Covid-19 measures across all construction sites in accordance with requirements implemented by the Australian Government Department of Health (refer to Annexure A). In order to ensure the safety of all internal and external stakeholders, John Holland kindly requests from all Subcontractors prior to commencing construction works on site and there after on weekly basis that the following measures have been implemented and adhered to:

- No worker has travelled overseas in the last 14 days.
- If the worker has travelled overseas the worker has been quarantined and undertaken testing to confirm they are fit for work with a medical certificate and provide evidence of testing for COVID-19 and test results (at the Public Covid-19 clinics or Private testing collection centres as nominated by NSW Health).
- No worker has knowingly been in contact with a suspected case or a positively tested case.
- No worker currently is showing any of the following symptoms (refer to Annexure B):
 - Cough
 - Sore Throat
 - Shortness of Breath
 - Fever (any temperature over 38 is classified as a fever)
 - Fatigue
 - Aches & Pains
 - Headaches
 - Runny or Stuffy Nose
 - Diarrhea

John Holland greatly appreciates your cooperation during this period, should you have any queries, please do not hesitate to contact me, or one of my Discipline Leads (details below).

Yours faithfully

Chris Jones

Rail Infrastructure Services Manager [NSW/ACT]

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- Annexure A: What you Need to Know
- Annexure B: Identifying the Symptoms

Annexure A: What you Need to Know

Australian Government
Department of HealthCoronavirus disease
(COVID-19)

What you need to know

We need to work together to help stop the spread of coronavirus disease (COVID-19).

Non-essential gatherings are suspended for an initial four weeks to reduce the risk of spreading coronavirus (COVID-19) and to give both businesses and people time to fully understand social distancing requirements.

The following facilities are restricted from opening from midday local time 23 March 2020:

- Pubs, registered and licensed clubs (excluding bottle shops attached to these venues), hotels (excluding accommodation).
- Gyms and indoor sporting venues.
- Cinemas, entertainment venues, casinos and night clubs.
- Restaurants and cafes will be restricted to takeaway and/or home delivery.
- Religious gatherings, places of worship or funerals (in enclosed spaces and other than very small groups and where the 1 person per 4 square metre rule applies).

Limits on essential gatherings

Essential gatherings must continue to adhere to the following guidance and restrict the number of people present to 500 for outdoor gatherings and 100 for indoor gatherings.

Essential activities include:

- health care settings
- pharmacies
- food shopping
- schools

These essential indoor gatherings should apply social distancing and good hygiene practices:

- Being able to maintain a distance of 1.5 metres between people.
- Providing hand hygiene products and suitable rubbish bins, with frequent cleaning and waste disposal.

Special restrictions remain in place for aged care facilities to protect older Australians. Further information for residents of residential aged care services, their family members and visitors can be found at www.health.gov.au/covid19-resources.

Public transport is essential and, at this stage, the 100 person limit does not apply. This will be reviewed regularly. Non-essential travel is to be avoided.

These precautions are most important for people over 60 and those with chronic disease.

People who have returned from anywhere overseas are required to self-isolate for 14 days.

During this time, you should monitor your health closely. If you develop symptoms including a fever and cough, you should seek medical attention, remembering to call ahead.

People who have been in close contact with a confirmed case of coronavirus should also monitor their health and seek medical advice.

While coronavirus is of concern, it is important to remember that most people displaying symptoms such as fever, cough, sore throat or tiredness are likely suffering with a cold or other respiratory illness – not coronavirus.

Annexure B: Identifying the Symptoms

COVID-19: IDENTIFYING THE SYMPTOMS

**Coronavirus
(COVID-19)**

SYMPTOMS	COVID-19	COLD	FLU
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
Fever 	Common	Rare	Common
Cough 	Common	Common	Common
Sore Throat 	Sometimes	Common	Common
Shortness of Breath 	Sometimes	No	No
Fatigue 	Sometimes	Sometimes	Common
Aches & Pains 	Sometimes	No	Common
Headaches 	Sometimes	Common	Common
Runny or Stuffy Nose 	Sometimes	Common	Sometimes
Diarrhea 	Rare	No	Sometimes, especially for children
Sneezing 	No	Common	No

Adapted from material produced by WHO, Centers for Disease Control and Prevention.



TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit health.gov.au



Australian Government